



## ARIZONA STATE BOARD OF DENTAL EXAMINERS

4205 North 7th Avenue, Suite 300 • Phoenix, Arizona 85013

Telephone (602) 242-1492 • Fax (602) 242-1445

### DENTAL HYGIENIST CONTINUING EDUCATION AFFIDAVIT

I, \_\_\_\_\_ (Name) \_\_\_\_\_ (License Number) hereby affirm that the Continuing Education Record below is true and correct and that all requirements of continuing education as stated in Arizona Administrative Code (AAC) Title 4, Chapter 11, Article 12 have been met. I fully understand that any false statement in this Affidavit shall be grounds for suspension, revocation, refusal to renew license or certificate or any other disciplinary action authorized by Arizona Revised Statutes § 32-1263.

CONTINUING EDUCATION RECORD		NUMBER OF HOURS	
DENTAL HYGIENISTS (Total hours required – 54)		REQUIRED	COMPLETED
R4-11-1204(1)	Dental and medical health, and dental hygiene services, periodontal disease, care of implants, maintenance of cosmetic restorations and sealants, radiology safety and techniques, managing medical emergencies, pain management, dental recordkeeping, dental public health and new concepts in dental hygiene	31 credit hours minimum	
R4-11-1204(2)	Dental hygiene practice organization and management, patient management skills, and methods of health care delivery	0-14 credit hrs maximum	
R4-11-1204(3)	Chemical dependency, tobacco cessation, ethics, risk management and Arizona dental jurisprudence	3 credit hours minimum	
R4-11-1204(4)	Infectious diseases and infectious disease control	3 credit hours minimum	
R4-11-1204(5)	CPR healthcare provider, ACLS or PALS	3 credit hours minimum	

0-24 hours maximum	Number of Hours	<b>Of the hours listed above</b> , state the number of hours completed by "self-study" activities as defined in AAC R4-11-1209(A)(4). A Dental Hygienist is limited to no more than 24 hours completed by "self-study" activities. Turn page over for the list of "self-study" activities. If you did not complete any "self-study" activities, enter 0.
-----------------------	-----------------	--

\_\_\_\_\_  
Date

\_\_\_\_\_  
Signature of Applicant

State of \_\_\_\_\_

County of \_\_\_\_\_

Subscribed and sworn to before me this \_\_\_\_\_ day of \_\_\_\_\_, 20\_\_\_\_.

My Commission Expires

\_\_\_\_\_  
Notary Public

# **DENTAL HYGIENIST CONTINUING EDUCATION**

## **DO'S AND DON'TS**

- DO** Look on our website [www.dentalboard.az.gov](http://www.dentalboard.az.gov) Publications/Board Rules for complete continuing education requirements.
- DO** Enter the number of hours completed for each category. Just a checkmark is not sufficient. Make sure you have met the minimum of 54 hours.
- DO** Enter the total number of hours completed by "self-study" activities as listed in Arizona Administrative Code (AAC) R4-11-1209(A)(4). See below. If you did not complete any "self-study" activities, enter 0.
- DO** Sign the Continuing Education Affidavit and have it notarized.
  
- DO NOT** Claim more than 24 credit hours of "self-study" activities as listed in AAC R4-11-1209(A)(4). See below.
- DO NOT** Throw away your documentation of attendance. The rules require that you maintain these documents for the most recently completed renewal period.

## **Arizona Administrative Code**

### **R4-11-1209. Types of Courses**

- A4. Subject to the limitations in subsection (B), any of the following activities that provide an understanding of current developments, skills, procedures, or treatment related to the practice of dentistry:
  - a. A correspondence course video, internet or similar self-study course, if the course includes an examination and the licensee or certificate holder passes the examination;
  - b. Participation on the Board, in Board complaint investigations including clinical evaluations or anesthesia and sedation permit evaluations;
  - c. Participation in peer review of a national or state dental, dental hygiene, or denturist association or participation in quality of care or utilization review in a hospital, institution, or governmental agency;
  - d. Providing dental-related instruction to dental, dental hygiene, or denturist students, or allied health professionals in a recognized dental school, recognized dental hygiene school, or recognized denturist school, or providing dental-related instruction sponsored by a national, state, or local dental, dental hygiene, or denturist association;
  - e. Publication or presentation of a dental paper, report, or book authored by the licensee or certificate holder that provides information on current developments, skills, procedures, or treatment related to the practice of dentistry. A licensee or certificate holder may claim credit hours:
    - i. Only once for materials presented;
    - ii. Only if the date of publication or original presentation was during the applicable renewal period; and
    - iii. One credit hour for each hour of preparation, writing, and presentation; or
  - f. Providing dental, dental hygiene, or denturist services in a Board-recognized charitable dental clinic or organization.
- B. The following limitations apply to the total number of credit hours earned per renewal period in any combination of the activities listed in subsection (A)(4):
  - 1. Dentists and Dental Hygienists, no more than 24 hours;
  - 2. Denturists, no more than 12 hours;
  - 3. Retired or Restricted Permit Holder Dentists or Dental Hygienists, no more than nine hours; and
  - 4. Retired Denturists, no more than three hours.